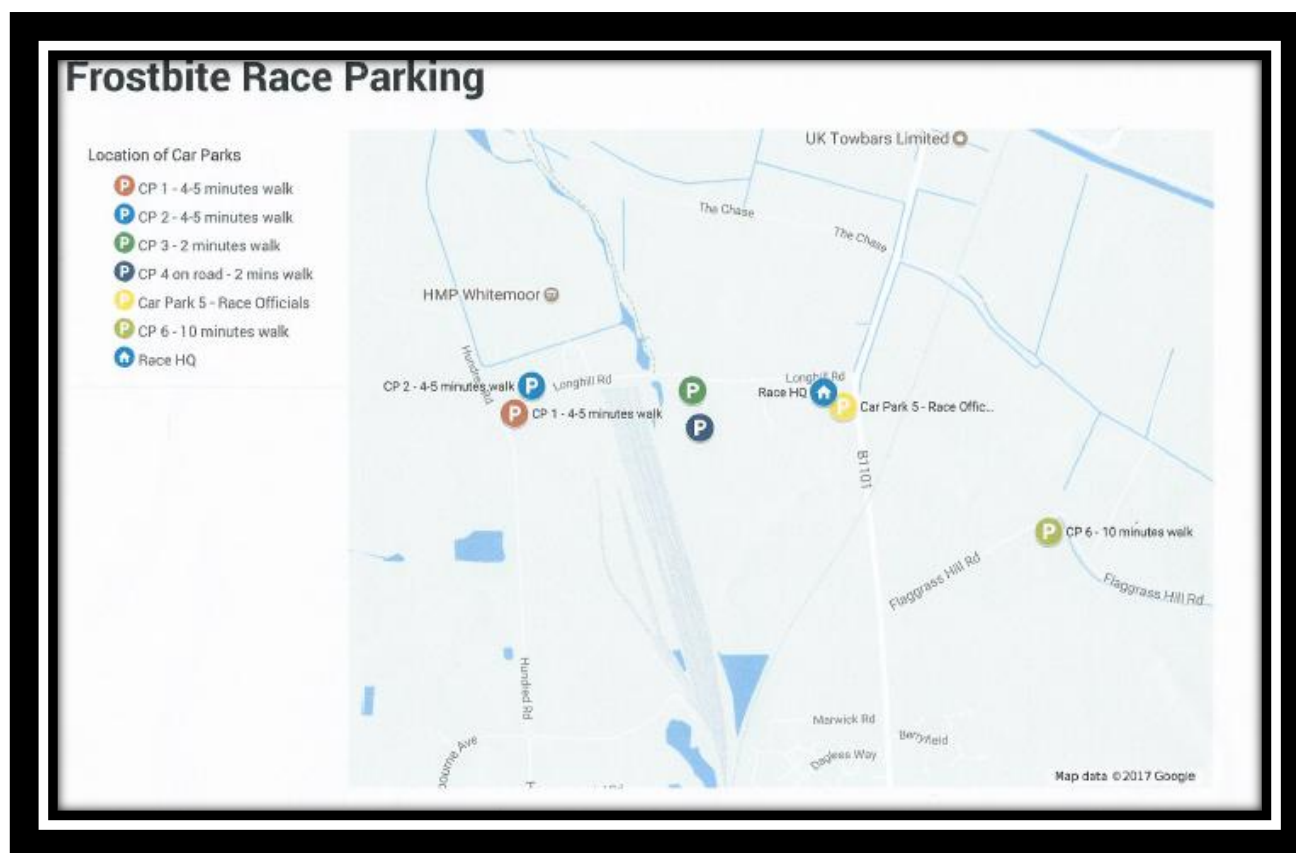


Car Parking for March Race in the Frostbite League Series



Please note that car parking is limited and therefore every effort must be made to car share whenever possible. All car parking is free.

Runners are asked to follow car park marshals' instructions and **must not park on Longhill Road near to the gates to the sports field or near to the entrance to the Nature Reserve as this might hinder runners.**

Car Parks **1** and **2** are on HM Prison property and are a four to five minute walk from the sports ground. People using these Car Parks must not go on any other HM Prison property.

Car Park areas **3** and **4** are situated in Foundary Way and are a two to three minute walk from the sports ground.

Car Park **5** is for race officials and you should not park there unless instructed to by car park marshals – once all race officials have parked this car park will be opened for runners.

Car Park **6** is approx. a 10 minute walk from the sports field.

Please arrive in plenty of time and enjoy the race!